



Annual Report

2013



The Esther Benjamin Memorial Foundation



Table of Contents

Headings	Page No
Executive Summary	1
Introduction	2
Objectives	2
Activities Undertaken And Result Achieved	3
i. Refuge - Child Protection And Development Activities:	5
ii. Rescue & Reunification:	6
iii. Youth Support Programme	7
iv. Psychosocial Counselling:	8
v. Support For Humli Girls:	9
Projects In Makwanpur Districts	9
vi. School Support Project	9
vii. Scholarship / Bursaries Support	11
viii. Mid-Day Meal	12
ix. Anti-Trafficking Programme	12
Implementing Arrangements	13
Budget Vs Expenditure Details	14
Challenges, Difficulties Encountered And Measures Taken	15
Conclusion	15

I. EXECUTIVE SUMMARY

This report briefs about various project activities of EBMF carried out in 2013. The report covers seven main project components of EBMF: 'Child Protection and Development: Refuge Children', 'Rescue and Reunification', 'Humli Girls rescued from Tamilnadu, India', 'Youth Support' 'Scholarship/Bursaries', 'Anti-Trafficking' and 'School Support Programme' in Makawanpur district.

The Individual Childcare Plan (ICP) has been developed for every child and the monthly review system has been placed after educating the processes of it to the supervisors and caretakers. In addition, for the wellbeing of 62 children in EBMF Refuge a full-time counsellor is appointed along with a complete setup for their counselling is also established.

A proper youth support programme has been demonstrated this year. The programme contributed to promote the independency of the youths leaving the refuge through education, training and support. Under this programme, one youth has been already employed, two youths have completed their vocational training and five youths were reunified with their families/extended families.

Under Scholarship Programme 360 children were provided scholastic support from Hetauda office .Mainly the child at risk of trafficking were put in first to give this support and other circus returnees and their siblings, orphans, flood victims as well as children of Dalit and ethnic communities who are in a vulnerable condition have received the support. Under School Support Project, Fifteen schools from seven VDCs and Hetuada Municipality of Makwanpur were selected and agreement has been signed with fourteen schools.

Organisation got opportunity to welcome some of generous supporters and volunteers from Europe (United Kingdom and Switzerland) and received their supports in office and the Refuge. EBMF organized different programmes in coordination with those volunteers from which children learnt various skills.

II. INTRODUCTION

Esther Benjamins Memorial Foundation (EBMF) was established in 2007 with the objective of rescuing Nepali children who had been trafficked or displaced into India or children in vulnerable condition within Nepal. Since its establishment, EBMF has rescued over 600 children and has safely reunified most of them with their family. At present it has been supporting the rescued children for their post-rescue care by reuniting them with families wherever possible. For those whose reunification is not possible are cared by providing structured residential refuge in Nepal with access to education and skill/vocational trainings. At present 62 such rescued and needy children are given care in Godavari refuge home. Apart from this care, EBMF currently focuses on schooling and skill development of the refuge children. Family reunification and self-dependency strategy is prioritized by the organisation. For this purpose vocational training and job support to the adult children and entrepreneurship support programme to their family is on the way to be extended.

Besides the operation of Child Care Home in Godawari, Current focus of the organisation is in education, scholarship supports and school infrastructure development support in the vulnerable areas, particularly in rural part of Makwanpur district.

III. OBJECTIVES

1. Improve Child Welfare Home (CWH) to give children best possible care.
2. Reunification (Deinstitutionalisation) of the children with their parents.
3. Promote independency of youth through education, training and support.
4. Promote overall psychosocial wellbeing of children and youth.
5. Support for Humli girls who are rescued from Tamil Nadu, India.
6. Anti-Trafficking Awareness in traffic prone area.
7. Bursaries/Scholarship support for at risk children.

IV. Activities undertaken and Result Achieved

i. Refuge - Child Protection and Development Activities:

a. Capacity Building Training for Staffs

- All the staffs from refuge and few staffs from office participated in a four days workshop on art therapy so as to understand the feelings and emotions of children.
- The First Aid Training organised by Red-Cross Society in association with 'Aama Ghar', Godawari was provided to two of the Refuge staffs.
- Training on 'Child Protection' was given to care staffs of the Refuge to make them more understandable about children protection policies.
- Two days training was provided to the care staffs and managers to familiarize them with 'Standards for Operation and Management of Residential Child Care Homes 2069' and its practical aspects; information on child rights; concept and legal provisions on about child rights



Figure 1 Training and Orientation on Child Protection in Association with CNET

Results Achieved

- The staffs are more confident and aware about child care policies and child protection. They feel more responsible and capable of providing better care to children.
- The staffs are capable of providing first aid service.

b. Safety and security

- There is provision of three fire extinguishers in Refuge in case of emergency.

- For the safety and security of children it is made mandatory for every volunteer and other guest including former EBMF children to take permission from the Refuge supervisor before entering into refuge and interacting with children.
- A brief orientation was given to the refuge staffs by Andrew Black on disaster preparedness and response procedures

Results Achieved

- With the introduction of visitors approval form there is now more controlled entrance to the refuge for outsiders.
- Staffs are more aware about the disasters managements and safety precautions.

c. Individual Child Development/Care Plan

- For the better care and development of each child, an 'Individual Child Care Assessment' has been done for all the sixty two children.
- After the assessment, monthly care plan for each child is developed and placed which will go round the clock each month. The monthly plan and achievements will be monitor by the board and senior managers.

d. Timely renovation of the infrastructure and repair and maintenance in CWH

- Library, tuition class and dining hall are arranged.
- Separate rooms for sick children are arranged.
- New bathrooms and toilets are also constructed.

Results Achieved

- The arrangement of new rooms it is easier to provide the needed facilities.
- With the construction of new bathrooms and toilets refuge environment is healthier.

e. Make sure of enough food security for the children in CWH

- To ensure enough food security, there is provision for food surplus for two weeks.

Results Achieved

- Due to management of surplus food, there is no scarcity of needed food.

f. Provide quality food and basic health facilities to the children

- Fresh, balanced and nutritious food has been provided for all the children.

- To improve the overall health conditions and to take appropriate preventive measures a doctor has been appointed in refuge
- As prescribed by the doctor, children were taken to the hospital on regular basis.
- A health awareness programme has been organised in refuge where all the staffs and children have received orientation on sex, physical changes, and waterborne diseases.
- The staffs have been oriented about rainy seasonal diseases i.e. diarrhoea, cholera, typhoid and viral.



Figure 2 Children in a Health Camp

Results Achieved

- Children are receiving timely treatment of general health related problems due to the availability of doctor on weekly basis.
- The number of children visiting to hospital is decreasing.
- Overall general health of children is good.



Figure 3 Regular check-up by Doctor

g. Educational development

- Sixty two children living under the organisation's care were enrolled in Kitini Higher Secondary School. All of them had passed their final exams and upgraded to next class.
- Ten children had appeared in this year's SLC in which seven had succeeded to pass.
- All the children from nursery to grade ten are getting regular tuition support in the refuge.
- Educational database for each child in refuge has been updated for records of educational improvements in future.

- As per the recommendation made by 'Centre Child Welfare Board' the organisation collected birth certificates of several children living under its care. It will help them in enrolment in schools with actual identity.

Results Achieved

- Overall education system within refuge is more systematic.
- Educational database shows clear picture of children of their educational quality.

h. Recreation and Extra Curricular Activities

- Thirty-one children are now attending a scout troop that has been set up on Saturday mornings and fifteen children are receiving guitar and drum tuition regularly.
- Two of our children are currently attending gymnastics training 6 days a week at DashrathRangshala (The National Stadium).
- Thirty of our children are continuing a sport of Self-Defence or Karate Training an hour long session twice a week.

- The organisation also arranged picnics, indoor games, birthday celebration, festival celebration, cinema, educational tour and outings for children living under the care.



Figure 4 some children celebrated Dashain at Refuge

ii. Rescue &

Reunification:

There were no rescue this year but organisation took some steps on reunification of children.

- Seven children were reunified with their families. EBMF has continued to provide educational support to six of the reunified children and one is waiting for the vocational training.

- The reunification process of two Yadav children has been postponed for this academic session due to the time constraints and other circumstances.
- Organisation has succeeded to find a safe place for a boy who has HIV-AIDS. ASHA Nepal, an organisation which has expertise in caring children and women agreed to take him in their shelter. The organisation has been working for HIV/Aids victims since last decade. As per the agreement we are paying monthly accommodation and other costs to ASHA Nepal and he is being cared in its shelter.
- Three children whose mother is in Bhojpur jail were taken to visit their mother and the visit was arranged by EBMF which is also a part of reunification.
- Children were provided telephone facility to contact with their family. They can now have a telephonic communication with their families once a week and this will help in the long run for effective reunification of the children.

Re integration officer is soon to be recruited and the reintegration process will take the pace from 2014 onwards.

iii. Youth Support Programme:

Under youth support programme we have provided necessary support to the individual youths such as:

- 'Personality Development Programme' was organized in the EBMF office for the SLC students to provide them skills on how to search jobs, how to face interviews, writing job applications and to make a good C.V.
- Individual planning session was held including best possible recommendations regarding their future accommodation and course options.
- Financial, moral, emotional and guidance support for their accommodation and education/vocational training course options.



Figure 5 Youth in an outing

Results Achieved

- Promoted independency of youth through education, training and support.

- 16 Youths started living in best possible accommodation with necessary support from organisation in the preference of “with family, near to family and in rented rooms in Kathmandu”. Among them two youths are living with their family/extended
 - Families of three youths are partially contributing for their accommodation and food expenses.
- Youths were enrolled into best possible course options. Among them 5 youths are doing vocational training, 11 youths are studying in higher secondary level. From this group one is partially and one is fully employed.
- All the 17, 10 of this year and 7 from previous year youths are being provided regular guidance and monitoring and the number is increasing in order to address the need of the past organisation leaver youths who could be dealt properly in the past.

iv. Psychosocial Counselling:

- Psychosocial support has been provided for the children with problems like somatic symptoms, emotional symptoms, cognitive symptoms and behavioural problems. Separate counseling room has been set up where children receive supports applying the different therapies like play, sand play and drawing to better understand their problems and behaviours.
- Every Friday and Saturday, individual and group counseling has been conducted by the counsellor.
- Sand Therapy has been started from the June.
- Counseling guidelines has been prepared.

Results Achieved

- The psychosocial counselling is helping children to understand their problems on their own ways, facilitating



Figure 6 Sand therapy session with boys

and motivating them

- Improvement is seen in the behaviour of children. Self esteem and confidence have been observed and found relatively better in those children who were earlier complained of having low self esteem.

v. Support for HumliGirls:

Of the 23 Humligirls rescued from Tamil Nadu, 17 were enrolled in Swapna Batika School. Out of 17 girls, seven had appeared for S.L.C-2069 and successfully passed the exam. Out of seven two got distinction, 4 passed in the first division and 1 in the second division. These passed girls have already been reunified with their family members with education support up to plus-two level from EBMF. The rest 10 girls are studying in Swapna Batika School. Out of remaining 6 girls, 4 were under the full responsibilities of Aama Ghar. The other two girls were reunified with the family; one of them is getting education support from EBMF.

V. PROJECTS IN MAKWANPUR DISTRICTS

With the aim to prevent and intervene trafficking in Makwanpur, one of the trafficking prone districts, EBMF is running “Prevent Human Trafficking through Community School Support and Public Awareness on Trafficking” from its satellite office, Hetauda.

Objectives

With the following objectives school support, scholarship support and anti trafficking projects were carried out from Hetauda.

1. To encourage school attendance by providing basic facilities in order to promote effective teaching learning environment
2. To prevent child trafficking through education and awareness
3. To contribute to minimize school dropouts and encourage regular attendance through mid-day meal.

vi. School Support Project

- After conducting baseline survey of various community schools, fifteen neediest schools from 7 VDCs were selected and agreement has been signed with fourteen schools. Following is the details of selected schools and support.

SN	Schools	Address	Support for
1	Shree Kalika High School	Khairang VDC	Hostel Renovation. 4 rooms X 50000
			Visual Aids, Educational materials
			Beds for Girls and boys
			Classrooms maintenance
			30set furniture * 2500
2	Shree Bageshowari L.S School	Khairang VDC	Visual Aids, Educational materials
			20 set Furniture X 2500
3	Shree Kalika High School	Raksirang VDC	4 classrooms maintenance X 75000
			Furniture 20 set X 2500
			Visual Aids and Educational Materials
4	Janagriti Primary School	Raksirang VDC	2 Classrooms maintanance X 150,000 with roofing
			Furniture 11 set X 2500
			Visual Aids and educational materials
			Toilets
5	Shree Saraswati L.S. School	Dandakharka VDC	6 Classrooms maintenance X 50000
			Water Pipeline connection
			Furnitures 10 set X 2500
			Visual Aids and Educational Materials
6	Tikedhunga Primary School	Kakada VDC	Pipeline connection for water at school and Tank.
			Visual Aids and Educational Materials
7	NimnaMadhyamik School	Kakada VDC	Plastering for 2 classrooms X 125000
			Visual Aids and Educational Materials
8	Chepang Pragati Primary School	Kakada VDC	11Set Furniture X 2500
			Visual Aids and Educational Materials
			Midday meal 10*10000
9	Satyadevi Primary School	Bharta VDC	Plastering for 2 classrooms X 125000
			Visual Aids and Educational Materials
			Furniture
			Midday meal 10*10000
10	Shree Rotary Srijana Primary School	Hetauda - 7	Midday meal 10*10000
			Visual Aids and Educational Materials
11	Shree Janachetana Primary School	Handikhola- 9	Classrooms Maintenance

12	Shree MadanAshrit Primary School	Handikhola-8	Classrooms Maintenance
13	Shree BishwaJyoti Lower Secondary School	Churyamai- 6	Water Supply and Tank
14	Shree Deep Jyoti Lower Secondary School	Churyamai-2	Roof Maintenance
15	Shree Sundari Kali Primary School	Bharta -2	Furniture

vii. Scholarship / Bursaries Support:

- Out of 356 children supported in the academic year 2012/13 total 254 students successfully passed and upgraded to their new class in this academic year. They are all enrolled and continued to receive scholarship from EBMF. Out of 356 children twelve had appeared SLC. Among them three students passed with 1st division, three passed in 2nd division and one in 3rd division and one in chance exam. They are now pursuing their higher education. The 11th grade students are waiting for their results
- This year by adding some new students to the previous list EBMF Hetauda has provided scholarship support to 360 students in 49 different government schools and colleges of Makwanpur district. The support covers enrolment fees, stationary, uniforms and others.
- The enrolment and stationary distribution programme was carried out from June to October. But the scholarship students are regularly being monitored by school visits after each terminal examination to check their school attendance and educational progress.
- Appreciation, encouragement and career counselling was done to the SLC passed and grade 12th students on 7th and 9th July.
- Families of children who dropped out or failed their exams were visited to find out the causes.



Figure 7 Children posing for picture after receiving Bursaries

Results Achieved

- 360 children of 49 schools/colleges from 15 VDCs were reached out and provided scholarship support. They were also oriented about the threat of trafficking.
- This programme benefited especially the marginalized and vulnerable children of Makwanpur.

6. Mid-day meal

EBMF Hetauda provided Mid-Day Meal to more than 300 children of Shree Janajati Primary School and Shree Chepang Primary School since last April to June 2013. The main objective of this programme is to encourage child's education, regular attendance and prevent school dropout. But it also provided some food for those children who come to school empty stomach and there is no certainty to get food in the evening.

Results Achieved

- Encouraged children for regular schooling.

7. Anti-Trafficking Programme:

- A number of trafficking awareness classes have been conducted in different schools of Makwanpur including Sagarmatha Primary School, Rupachuri, Janajati Utthan Primary School, Manahari, Kalidevi



Figure 8 Audience watching drama on anti-trafficking

Primary School, Harnamadi, Tikedhunga Primary School, Kakada. During the school visits team members always utilize time, place and people's gathering to impart knowledge on trafficking.

- A survey was conducted in Manahari- 3, Bijauna after getting information that many children have gone to work in Indian poultry farm. With the mission to figure out the real cause and the approximate number of children and you Page - 12 Indian chicken hatchery. The surveys of 56 houses (on 13th and 14th, February) come with a conclusion that they are going to India for work. Survey of Chawanna Ghare, Hetauda – 8 was carried out to find the reason of school absenteeism at Shree Rotary Srijana Primary School. The survey exposed that most of the children from the school have shifted to another school with their elders.
- In December a drama was performed in 4 different communities to give message on trafficking and its prevention. The drama was presented in Thanabharyang, Hetauda – 11, Banaspati, Padamphokhari VDC, Khairghari, Sunachuri and Naya Busty of Manahari VDC.

Implementing Arrangements

- Mid-Term Evaluation Team from Social Welfare Council (SWC) completed its evaluation and submitted the final report
- Coordination meeting and District Project Advisory Committee (DPAC) meeting was held in Hetauda, Makwanpur inviting Local Development Officer, District Education Officer, Social Development Officer and other local authorities.
- A new partnership has been developed with Mountain Child Care (MCC). It works with youths, through a new concept, tools and techniques.
- In coordination of EBT-N the EBMF Board formed an Employee Recruitment Committee to make employee selection fast, fair and proper. The organisation has hired some more staffs in refuge to give maximum and the best possible care to



Figure 9 EBT/MF representative at DPAC- Makwanpur

the children 13 respecting the guidelines given by Nepal Government mentioned in 'Standards for Operation and Management of Residential Child Care Homes - 2012'

BUDGET VS EXPENDITURE DETAILS (FOR THE PERIOD 16 JULY 2013 TO DEC 31, 2013)				
Particular	Approved (Grant/Budget) D	Expenses till date C	Balance (Grant/Budget) E=D-C	Balance % F=E/D * 100
APPLICATION OF FUND				
EXPENDITURE				
A.1) Human Resource	7,247,540.26	3,170,619.49	4,076,920.77	56%
A.2) Office Administrative Cost	2,013,776.00	920,523.54	1,093,252.46	54%
B.1) General care	5,670,627.50	1,684,271.50	3,986,356.00	70%
B.2) Education	1,148,000.00	159,114.00	988,886.00	86%
B.3) Recreation	688,000.00	197,976.00	490,024.00	71%
C. FAMILY REUNIFICATION & SUPPORT, LIFE SKILL TRAINING	1,555,000.00	25,050.00	1,529,950.00	98%
D.POST SLC SUPPORT (Youth programme)	1,838,000.00	765,598.00	1,072,402.00	58%
E. TRAFFICKING INTERVENTION	380,000.00	8,584.00	371,416.00	98%
F. TAMILNADU GIRLS	2,420,600.00	1,196,109.00	1,224,491.00	51%
G.1) Hetauda Human Resource	1,877,115.27	616,375.70	1,260,739.57	67%
G.2) Hetauda Administrative Cost	481,600.00	65,547.37	416,052.63	86%
G.3 Reunification Costs	340,000.00	10,080.00	329,920.00	97%
G.4 Makawanpur School Support	776,000.00	37,575.00	738,425.00	95%
H.1) De- Institutionalisation & Reunification Costs	10,310,000.00	0	10,310,000.00	100%
Non Budgeted Expenses	0	94,000.00	-94,000.00	
Grand Total	36,746,259.03	8,951,423.60	27,794,835.43	76%

- Coordination with line agencies gave another lesson during the Mid-Term Evaluation. As per the recommendation of the evaluation team we initiated the process of coordination with line agencies from central to local level.
- Educational performance of the children due to their age, schooling habit and relocation is being slightly difficult but we have appointed three extra tuition tutors at Refuge to make their foundation knowledge in major subjects like Math, English and Science. We have also made different six groups of children based on age and class and House Parents are also assigned task to help the children in study in fixed daily routine.
- The price hiking or inflation gave us more knowledge on how to manage the resources economically and effectively.

IX. Conclusion

The business plan or strategic plan has been developed which may lead the organisation into new horizon focusing on the objectives that agreed and ratified by the boards. The vacant positions have been filled including tam leaders and a proper organisational structure has been established. The individual child care plan has been developed and monthly individual development plan and reviewing process has been place for all 62 children in Refuge. About 500 children in Makwanpur district have again received scholarship / bursaries in this year. The board, preserving all from the past has taken new significant steps to move forward with a new hope to touch a new skyline.

Thank you.